

LUNCH menu

SERVED DAILY FROM 12PM – 3PM

— MAINS —

- 8oz Welsh lamb and mint burger** £13
Served with handmade tzatziki in a challah bun and chips
- 8oz classic beef burger** £13
Served in a challah bun with handmade smoky BBQ sauce and chips (GF available)
- Lentil and spinach burger** £12
Served with tomato and coriander salsa in a challah bun and chips (V) (VE) (GF available)
- Glamorgan leek and cheese sausages** £11
Served in a vegan brioche hot dog roll and chips (V)
- Ploughman's platter** £13
Hand carved honey glazed ham, hog roast pork pie, Welsh cheeses and all the trimmings
- Vegan summer platter** £11
A selection of vegan produce including, sausage roll, chickpea pâté and all the trimmings (V) (VE)
- Seafood platter** £13
Peppered mackerel, prawn cocktail, smoked salmon and all the trimmings
- Freshly battered fish** £13
Served with chips, handmade tartar sauce, charred lemon and peas
- Superfood pasta salad** £9
All things green, salad and vegetables, served through spinach pasta with herb dressing (V) (VE) (GF)
- Big bowl salad** £9
Large mixed salad with chargrilled summer vegetables, basil pesto and balsamic glaze (V) (VE) (GF)
Add chicken or grilled halloumi £3

— SANDWICHES —

All sandwiches served on Focaccia bread or 100% whole wheat wrap with salad garnish (VE) (GF available)
£7 each

Honey glazed ham, mature cheddar and tomato

Welsh rarebit made with oak smoked Cheddar and sticky Marmite onions (V)

Chickpea hummus, roasted vegetables and pesto (V) (VE)

Bloody Mary Celtic prawn cocktail

Freshly grilled chicken, bacon and sweet chilli mayo

— SMALL PLATES —

For those who have a smaller appetite.
All dishes served with chips and fresh salad
£6 each

Grilled chicken fillet (GF)

Battered fish

Slider burger

Glamorgan cheese and leek sausages (V)

Vegan meat free sausage roll (VE)

— ON THE SIDE —

- Cup of chips (VE) (GF) £3
- Summer salad (VE) (GF) £3
- Seeded slaw (V) £3
- Mixed breads, Pembrokeshire rapeseed oil and balsamic (VE) (GF available) £3
- House mixed olives £3

(V) Vegetarian (VE) Vegan (GF) Gluten Free

If you have any dietary requirements or need information about the ingredients in our meals, please do not hesitate to ask a member of the café staff they will be more than happy to advise you.

LISVANE &
LLANISHEN
Reservoirs